



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ALWAYS HERE FOR YOU

Stories of Service: Forrest Croom

Join us for an informational program from Forrest Croom as he shares his story serving 41 years in the Navy and Coast Guard.

Friday, February 15

11 am-12 pm

Multipurpose Room 2

Light Refreshments

For more information on Active Older Adults programs, please contact Elena Dinkin at 713-781-1061 or elena.dinkin@ymcahouston.org.

This free AOA program is open to the community.

TROTTER FAMILY YMCA
1331 Augusta Drive, Houston, TX 77057
713-781-1061
www.ymcahouston.org/trotter-family



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.



Text YMCAHouston to 41411

